# MALATH

## CONCEPT STATEMENT

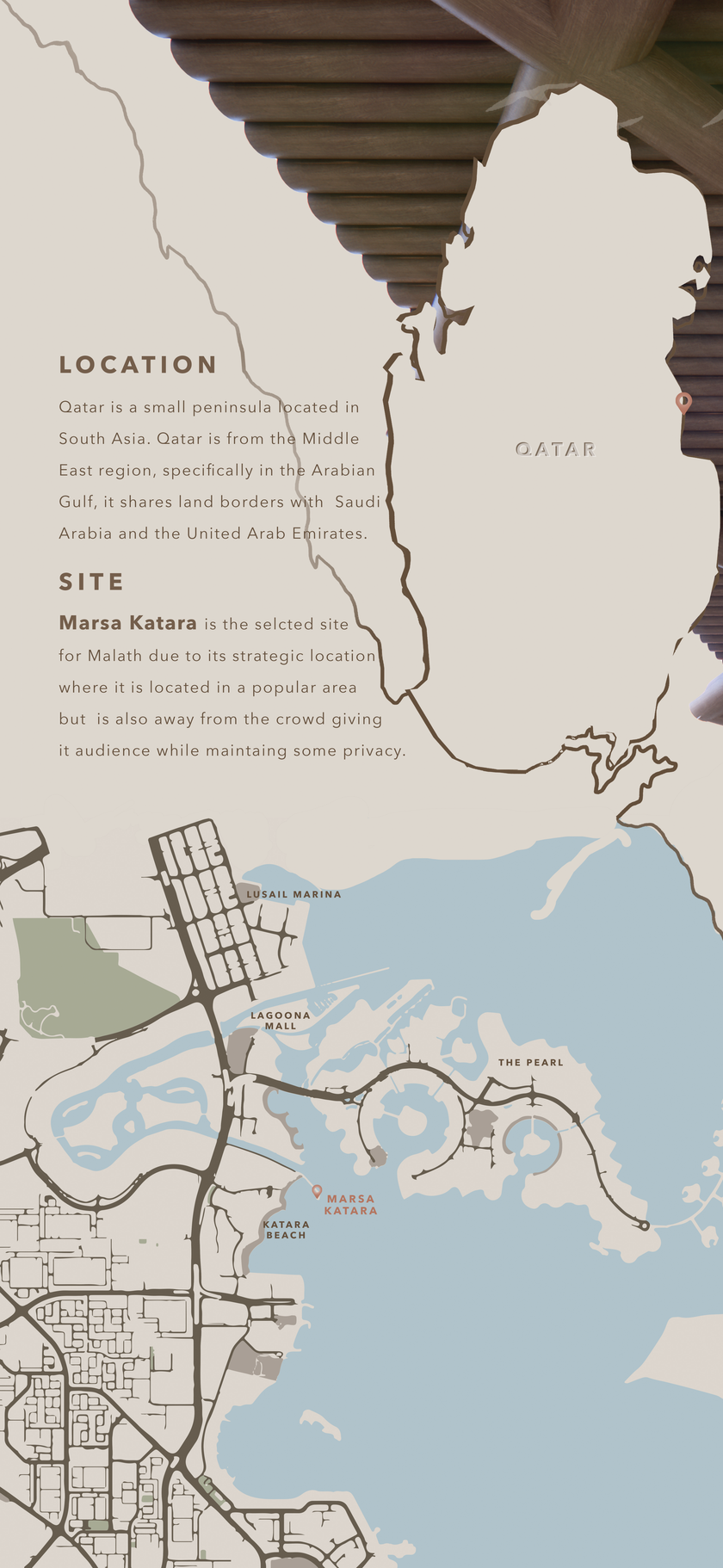
A recreational community center that is designated for those with psychological disorders where they explore healing through communicating, sharing, and partaking in different activities selected for them.

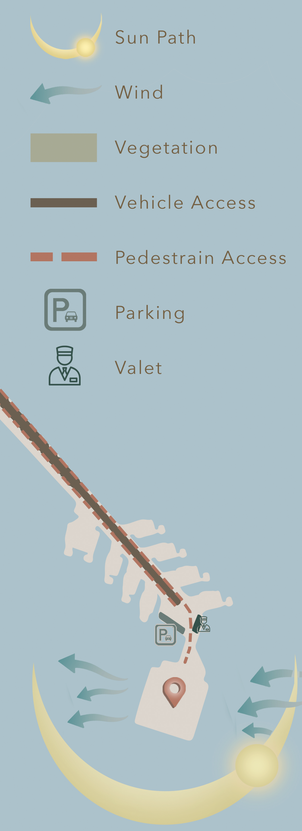
## LOCATION

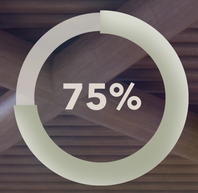
Qatar is a small peninsula located in South Asia. Qatar is from the Middle East region, specifically in the Arabian Gulf, it shares land borders with Saudi Arabia and the United Arab Emirates.

## SITE

**Marsa Katara** is the selcted site for Malath due to its strategic location where it is located in a popular area but is also away from the crowd giving it audience while maintaing some privacy.




of people with mental disorders avoid seeking treatment.




of the population is suffering from mild or strong forms of depression.




of mental disorders contribute to the global burden of disease.

## WHAT?

The stereotype surrounding mental health in Qatar which is influenced by individual's religious and cultural beliefs.

## WHY?

Mental health social stigma has been a barrier for help-seeking surrounding people with mental disorders in Qatar

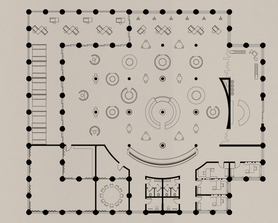
## HOW?

Normalizing the matter by creating a community center where everyone is welcome to visit, socialize, and participate in activties that target people's well-being.



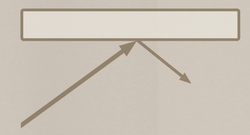

## OPEN PLAN

An open plan is adopted to create a space that encourages communication between patients. The open plan creates a welcoming and communicative atmosphere. Also, it allows natural light to penetrate within the space and through the furniture.



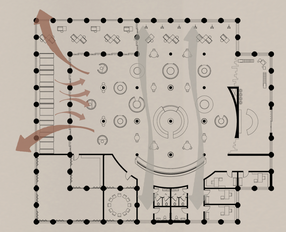
## ACOUSTICS

Since an open plan is adopted, it is necessary to control noise within the space through having **sound absorbing panels** within the gypsum drop ceilings. Also, **acoustical elements** like cushions are going to be used to absorb unwanted noise.



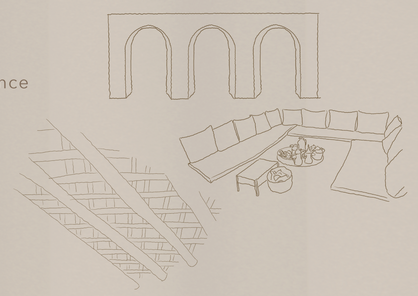
## INDOOR AIR QUALITY

It is necessary to take advantage of the **cross-ventilation system**, considering the center's strategic location in the middle of the sea, by maintaining a steady supply of fresh air through allowing wind to travel within the interior, as a sustainable approach that reduces the dependence on air conditioners.



## QATARI DESIGN ELEMENTS

Implementing Qatari design elements to provide the visitors a nostalagic experience and a sense of home and to emphasize the idea of mental health in Qatar.



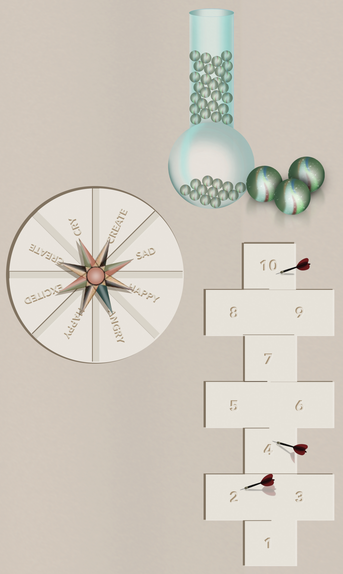
## INTERACTIVE INSTALLATIONS

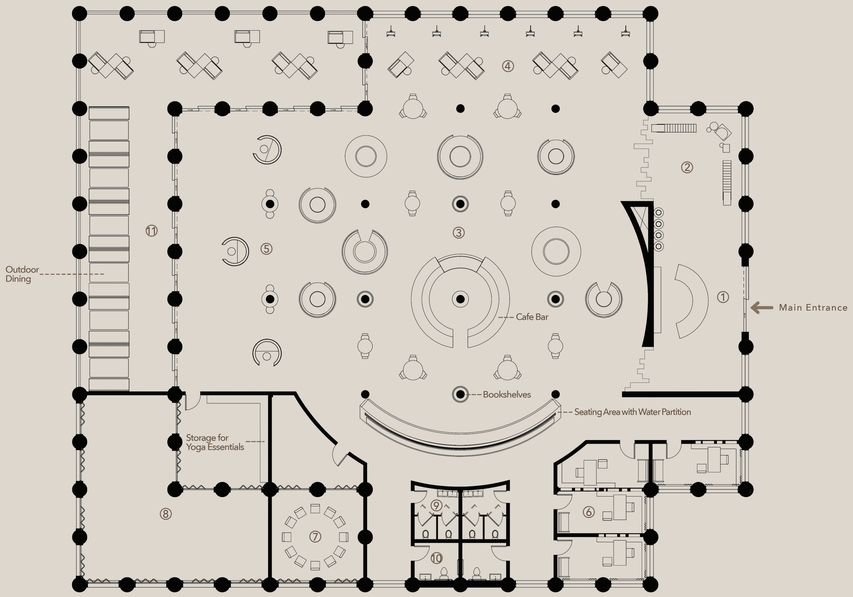
Interactive installations inspired by traditional Qatari games will be used around the space to encourage the visitors in conveying their emotions, offering them a different and unique experience.

"How are you Feeling Today" installation asks the visitors about their feeling that day by releasing a Teela  a small marble ball, into a glass socket

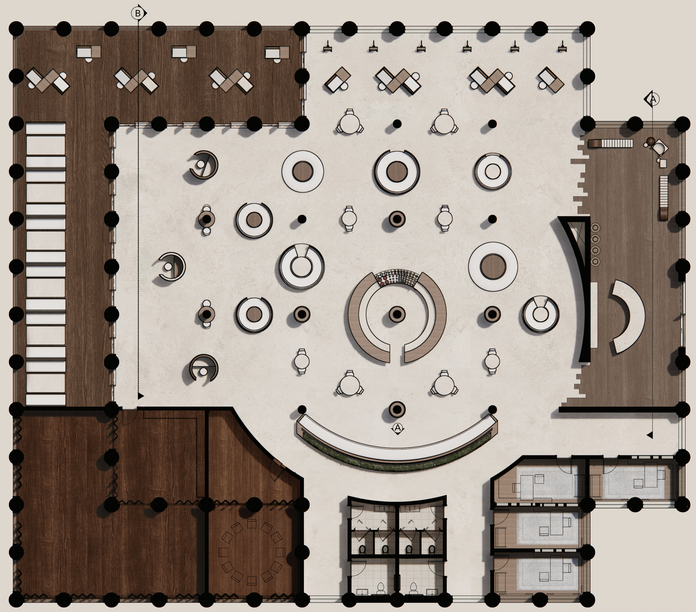
"What Made you" installtion will focus on communicating and sharing with others. Someone will have to spin the wheel and when it lands on an emotion the other party has to say "What made them, depending on the emotion the wheel lands on, feel that day.

"How Happy are you" installation will be placed by the door before people leave. They will be asked about their happiness level after their visit to the center as they will have to throw a dart arrow on their answer.

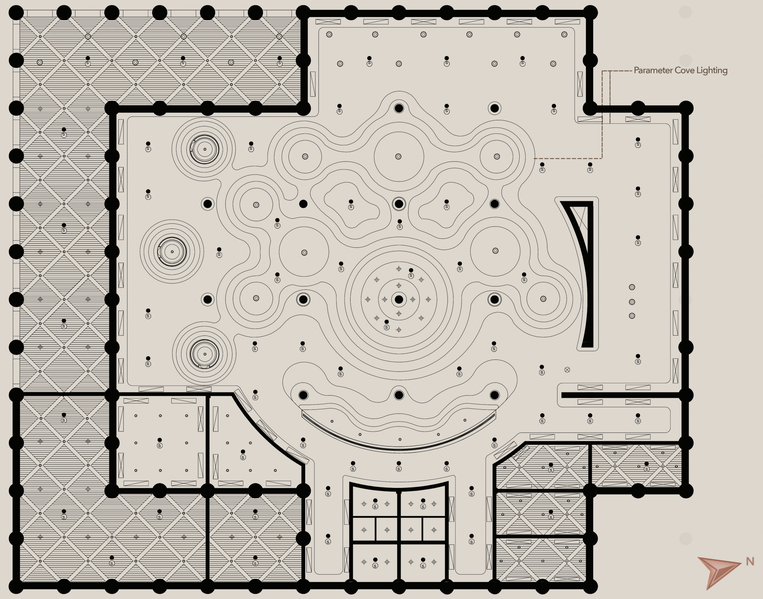





Furniture Plan
Not to Scale



Rendered Floor Plan
Not to Scale




RCP
Not to Scale

1. Reception
2. Waiting Area
3. Majlis/Cafe
4. Drawing Stations
5. Writing Stations
6. Consultation Room
7. Group Therapy
8. Yoga Studio
9. Toilets
10. ADA Toilets
11. Terrace




## RCP LEGEND

- Cove Lighting
- Recessed Downlight
- Smoke Detector
- Air Supply
- Spot Light
- Drop Pendant Light
- Sprinklers
- Air Return



Section A
Not to Scale

0 1 2 3 5m



Elevation A
Not to Scale

0 1 2 3 5m



Section B
Not to Scale

0 1 2 3 5m





**Description:** The Baba taps into the Art Deco influences paired with a touch of Wabi-Sabi philosophy. It is raw yet sophisticated and also imbued with a feeling of timeless elegance.

**Dimensions:** L 46 x W 61 x H 89 cm

**Materials and Finishes:** Solid Brushed Oak Fabric in Karakorum

**Quantity:** 20

**Manufacturer:** Studio Twenty Seven



**Description:** colorful concrete light.The multiple color look immediately adds characters to the room and creates a relaxing ambiance when it's on.

**Dimensions:** D 12.7 x H 19 cm

**Materials and Finishes:** Concrete and Rubber Wood

**Quantity:** 17

**Manufacturer:** S&W Home



**Description:** Custom Book Shelf with Different Shelving Widths

**Dimensions:** D 80 x H 390 cm

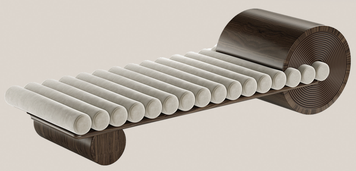
**Materials and Finishes:** Oak Wood

**Quantity:** 4

**Manufacturer:** To be Constructed by a Contractor

القهوة/ المجلس
CAFE/ MAJLIS

منطقة الانتظار
WAITING AREA



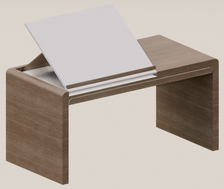
**Description:** Cylindrical shapes and symmetrical look composed of curved lines, which are connected by a discreet rectangular wood frame.

**Dimensions:** W 217 x D 77 x H 58 cm

**Materials and Finishes:** Solid Walnut Wood and Velvet Fabric

**Quantity:** 2

**Manufacturer:** Mezzo Collection



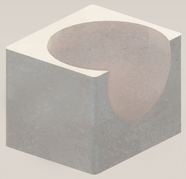
**Description:** Drawing Desk

**Dimensions:** L 55 x W 110 x H 75 cm

**Materials and Finishes:** Solid Walnut Wood and Oak Frame

**Quantity:** 11

**Manufacturer:** To be Constructed by a Contractor



**Description:** Geometric Armchair

**Dimensions:** L 68 x W 80 x H 62 cm

**Materials and Finishes:** Clay

**Quantity:** 1

**Manufacturer:** To be Constructed by a Contractor



**Description:** A modern ceiling lamp that is bell shaped. Its round, even surface gives the impression of being cast.

**Dimensions:** D 12 x H 23 (adjustable) cm

**Materials and Finishes:** Aluminum and Textile Cord

**Quantity:** 3

**Manufacturer:** Normann Copenhagen